

Medical History

Date: _____

Name: _____ Date of Birth: _____

Address: _____

Phone Number: _____ Email: _____

ALLERGIES: _____

Do you have or had any of the following, please check off:

NEUROLOGICAL

- ☐ Migraines
- ☐ Frequent headaches
- ☐ Concussion/head injury
- ☐ Dizziness/fainting
- ☐ ADD/ADHD
- ☐ Seizures/Epilepsy
- ☐ Other _____
- ☐ Denies all the above

EYES

- ☐ Eye injury/Disease
- ☐ Other _____
- ☐ Denies all the above

EAR, NOSE & THROAT

- ☐ Seasonal allergies
- ☐ Hearing loss/deafness
- ☐ Frequent ear infections
- ☐ Sinus infections
- ☐ Denies all the above

LUNGS

- ☐ Asthma
- ☐ Exercise-induced asthma
- ☐ Other _____
- ☐ Denies all the above

INFECTIONS

- ☐ Chicken Pox- diseased or vaccine
- ☐ Lyme's disease
- ☐ Cold sores
- ☐ Mononucleosis
- ☐ Positive TB skin test
- ☐ Other _____
- ☐ Denies all the above

CARDIOVASCULAR

- ☐ High blood pressure
- ☐ Heart Murmur
- ☐ History of palpitations
- ☐ Other _____
- ☐ Denies all the above

GASTROINTESTINAL

- ☐ Irritable bowel/Colitis
- ☐ Gallbladder problems
- ☐ Hemorrhoids
- ☐ Hernia
- ☐ Other _____
- ☐ Denies all the above

ENDOCRINE

- ☐ Diabetes
- ☐ Thyroid disease
- ☐ Other _____
- ☐ Denies all the above

GENITOURINARY

- ☐ Urinary tract infections
- ☐ Kidney stones/disease
- ☐ Other _____
- ☐ Denies all the above

MUSCULOSKELETAL

- ☐ Arthritis
- ☐ Bone Fractures
- ☐ Back/disc problems
- ☐ Scoliosis
- ☐ Other _____
- ☐ Denies all the above



BLOOD DISORDERS

- ☐ Anemia/thalassemia
- ☐ Sick cell trait/disease
- ☐ Clotting disorder
- ☐ Other _____
- ☐ Denies all the above

MENTAL HEALTH

- ☐ ADHD/ADD
- ☐ Alcohol/drug abuse
- ☐ Anorexia and/or Bulimia
- ☐ Anxiety/panic disorder
- ☐ Depression
- ☐ Learning disability
- ☐ Suicide attempt
- ☐ Other _____
- ☐ Denies all the above

DERMATOLOGY

- ☐ Acne
- ☐ Eczema
- ☐ Other _____
- ☐ Denies all the above

SOCIAL HISTORY

- ☐ Tobacco
- ☐ Alcohol
- ☐ Recreational drugs _____
- ☐ Other prescription drugs _____
- ☐ History of abuse type & frequency _____

- ☐ Regular exercise _____
- ☐ Denies all the above

WOMEN'S HEALTH HISTORY

- ☐ Age menstrual period began _____
- ☐ Age of menopause _____
- ☐ Frequency of period _____
- ☐ # of days of flow _____
- ☐ PMS
- ☐ Sexually transmitted infections _____
- ☐ Abnormal pap smears
- ☐ Breast lumps/disease
- ☐ Birth control methods used _____

PREGNANCY HISTORY

- ☐ # of Pregnancies _____
- ☐ # of Births _____
- ☐ # of Miscarriages _____
- ☐ # of Terminations _____
- ☐ Pre-eclampsia
- ☐ Gestational diabetes
- ☐ Preterm birth
- ☐ Vaginal births
- ☐ Cesarean sections
- ☐ VBAC's
- ☐ Episiotomy/3rd or 4th degree laceration
- ☐ Postpartum hemorrhage
- ☐ Postpartum depression
- ☐ Total # of years breastfeeding _____
- ☐ Other pregnancy complications _____

SURGICAL HISTORY

DATE

_____	_____
_____	_____
_____	_____
_____	_____

MEDICATIONS

Please list all medications

ANY OTHER MEDICAL HISTORY

FAMILY MEDICAL HISTORY

